

Homemaking Cyberstyle

Your homework:

This may be one of the only cleaning solutions you may ever need ...

Buy 64oz bottle Concentrated Clorox.

Find an old handheld spray bottle,
[I am not promoting Lysol,
but something that spray bottle seems to work great]
or buy one,
or buy something that is in a spray bottle
and switch the contents to the below solution:

Mix clorox with distilled water.
Be the judge here:
Too strong may make a lot of fumes.
Too strong will mean you have to buy more clorox faster
Too weak and you are not going to benefit from the clorox.
Add pure sesame seed oil to the clorox mixture.
This is should be a small amount of oil
say a teaspoon or a little more.
Again, you be the judge.
Make sure you are getting the benefits of the sesame oil
which is what filters the light.

Clean anything you need to with this
that does not contain dyes that will fade or run.

Clean your skin with this.
Be careful with sensitive areas of the body !
Again make sure your skin is unaffected by the mixture.
If you think you will react,
Test on a small area of skin.
If something adverse happens,
Alter mixture and retest on another place.
If spots on your skin appear annoyed
that can be a good thing.
Mine have lightened up and eventually
scabbed off to leave pure clear skin.

Spray light bulbs and lightly spray lamp shades
and lamp plastic or glass coverings.
to make warm naturally filtered light.
Wipe off excess damp dust from lamp shades/coverings afterwards
with a little rolled up toilet paper
and toss in garbage not into drain, toilet, or sewer system.
Use incandecent bulbs,
lower wattages the better
i.e. nightlight bulbs with standard fixture socket.
As long as you can see what you need to,
you will be fine.

wipe your Computers and TVs with this stuff,
particularly the monitors,
it will improve your visual experience.

I have considered lightly spraying in holes
where only the speakers are located
to improve sound like even in the car stereo,
just be very careful in all cases

homemakingcyberstyle.txt

not to get electronic parts wet.
Some vents in electronics are where
the speakers are HOWEVER ARE ALSO
WHERE THE ENTIRE ELECTRONICS IS LOCATED
SO BE CAREFUL ABOUT THIS !
Do this when electronics are OFF,
and if you think they got wet inside,
let them dry completely before powering on.
That should prevent a short in the circuitry.

Detox home.
Read ingredients if any are written
and smell all chemicals you have in home
that you have been using,
even ones you may have thought are safe
based on the convincing name of the product.

If you are suspicious about a product:

Consider the five "D"s ...

Deleting it from use,

Diluting it.

Deactivating it with a natural chemical
like a vitamin ("C") or a little sugar,

Diffusing it with a chemical that neutralizes it.

Disposing of it altogether.

Disclaimer:

I am not responsible for your decisions
to either follow any of the above instructions,
nor how you decide to mix your solutions,
or how you decide what is good for you
or poisonous to you,
or for any consequences here,
but my goal,
WHICH SHOULD BE YOURS, TOO,
is to IMPROVE YOUR SITUATION
AND LIFESTYLE.

I don't live in your home.

I would come over and help you if I could.

Someday, if I cannot come over personally,
I will send one of my clones over
to help you.

Thank you for understanding.

Listen to pure music from puredale.com

"Can't Explain" --The who (if it is not there yet, be there soon)

"Fixin' A Hole" --The Beatles